



**NORDPLUS**  
Adult

**Nordplus Adult 2015**

**Career Guidance in Adult Education**

**[www.adultguidance.lv](http://www.adultguidance.lv)**

Nordplus is financed by The Nordic Council of Ministers

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### **THE AIM OF THIS PROJECT:**

To create the adult guidance program to increase self-dependency and to develop skills and competences which are necessary for adults to plan their professional life and to overcome challenges of modern citizenship.

### **MAIN STEPS:**

Research

Development of the Program

Development of Methodological Material

Training for Trainers of Piloting

Piloting of the Program

### **RESULTS:**

Expected general and main outcome is developed and piloted unique, systematic, well thought-out and easy adaptable adult guidance program which helps to adults increase self-dependency and develop skills and competences which are necessary for adult people in management and planning their life, education and career. The program which can be implemented in any institution (formal or non-formal) which is connected with adults and adults' guidance.

## COORDINATOR



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